WASH, WASH, WASH YOUR HANDS

6 Steps of Handwashing

1. Wet your hands with warm water.
2. Apply soap.
3. Rub your hands together and scrub for 20 seconds.
4. Don’t forget to clean your fingernails.
5. Rinse the germs away.
6. Dry your hands.

Join the Scrub Club®!

Your mom probably reminds you to do it all the time. So does your teacher. What are we talking about? Washing your hands!

Wash up!

Handwashing is more important than you think. Did you know that pens, pencils, crayons, sports equipment, drinking fountains, and doorknobs all carry germs? Yuck!

Since germs can spread very quickly, it’s important to wash your hands often, especially before eating or after using the bathroom.

The Scrub Club®

Join Hot Shot & Chill, Squeaks, Taki, Scruff, Tank, and P.T. to help fight germs the Scrub Club® way – by washing those hands!

Can you match the Six Steps of Handwashing to their correct number?

- Rinse germs away
- Don’t forget to clean your fingernails
- Dry your hands
- Apply soap
- Wet your hands with warm water
- Rub your hands together for 20 seconds.

Can you help Taki unscramble these words?

- Oaps
- Trawe
- Mergs
- Blebbus
- Dansh

Scrub Club® Word Search

- BACTERIA
- BUBBLES
- CLEAN
- GERMS
- HANDS
- HANDWASHING
- SCRUBCLUB
- SOAP
- SOAPERSTAR
- WATER

Can you help the Scrub Club® Gang find their way to the soap?