The 6 Steps of Handwashing

1. **Step #1:** Wet your hands with warm water.

2. **Step #2:** Apply soap.

3. **Step #3:** Rub your hands together, and even get between those fingers for 20 seconds.

4. **Step #4:** Don’t forget your fingernails. Use a nailbrush if you have one.

5. **Step #5:** Rinse the germs away.

6. **Step #6:** Dry your hands.

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